



Share Your Expertise



Share your skills, knowledge and hobbies.

Volunteering Opportunities

Suitable for Individuals and Groups

PROGRAMME	SCOPE	MWS CENTRE	NOTES
Administrative Assistance	Franking of letters	MWS Head Office	Frequency: Ad-hoc
Career Guidance	<ul style="list-style-type: none"> Guide youths in exploring career options Impart resume writing skills, interview skills, provide job field exposure or experiential learning Share your job experiences and industry knowledge 	MWS Girls' Residence	Frequency: Adhoc or Weekly series lasting 4-6 weeks
Creative Arts Workshop	Teach oil painting, calligraphy, creative arts to seniors	MWS Charis ACE – Geylang East	Qualified trainers required Frequency: Ad-hoc
Gardening	Grow plants, flowers and maintain your garden plot	MWS Bethany Nursing Home – Choa Chu Kang MWS Girls' Residence	Frequency: Weekly, Monthly
Health and Wellness	Conduct health screening for residents	MWS Bethany Nursing Home – Choa Chu Kang	Frequency: Quarterly
	Organise nutrition talks/workshops, share recipes etc.	MWS Bethany Nursing Home – Choa Chu Kang MWS Senior Activity Centres	To be conducted in English and Chinese/Mother Tongues or Dialects Frequency: Weekly, Monthly, Quarterly
	Conduct dental and medical screening	MWS Girls' Residence	Frequency: Ad-hoc

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PROGRAMME	SCOPE	MWS CENTRE	NOTES
IT Training	Empower seniors with smartphone skills	MWS Senior Activity Centres	Bilingual trainers required Frequency: Ad-hoc
Language Classes	Teach conversational English to seniors	MWS Senior Activity Centres	Frequency: Monthly
Life Skills	Sharing by inspirational or motivational speakers	MWS Girls' Residence	Frequency: Ad-hoc
Music Programmes	Teach basic skills for Piano, Ukulele, Guitar, Percussion	MWS Girls' Residence	Frequency: Weekly series lasting 4-6 weeks
	Perform for residents	MWS Nursing Home – Yew Tee	Frequency: Monthly
Personal Grooming Programmes	Organise workshops on personal hygiene, make-up, skincare, dressing etc.	MWS Girls' Residence	Frequency: Weekly series lasting 4-6 weeks
	Provide hair cut services at homes of beneficiaries	MWS Home Hospice	Frequency: Ad-hoc
Translation Skills	Translation of articles from English to Chinese	MWS Head Office	Frequency: Ad-hoc
Tutoring	Tutor youths in secondary school subjects <i>Examples: English, Geography, History, Science (Physics, Chemistry)</i>	MWS Girls' Residence	Frequency: Weekly